



BE HEALTHY. BE SAFE. BE READY.

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Domestic Abuse and Your Safety

Domestic abuse happens in every neighborhood and affects people of all ages and backgrounds. The abuse can be physical or emotional, it can be pushing or hitting, it can include sexual assault. Domestic abuse involves power and control by one person over another.

Everyone deserves to be safe from abuse. Viewers of this program will learn what domestic abuse is, how to stay safe from it, and resources to call for help.

This program will broadcast in five languages on **tpt's** Minnesota Channel (**tptMN**) – Comcast Channel 202 or 243, depending upon location:

Sunday, October 21:

English – 7:00 p.m.

Spanish – 7:30 p.m.

Sunday, October 28:

Hmong – 7:00 p.m.

Lao – 7:20 p.m.

Somali – 7:40 p.m.

For more information about topic and resources, visit echominnesota.org/library/domestic-abuse-your-safety

To request a DVD of this program in email ECHO Minnesota at info@echominneosta.org

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This program is also available with English captions for the deaf and hard of hearing at www.echominnesota.org.

