Key Messages

“Navigating the Health Care System”

Approval Deadline: Tuesday, March 16, 2010
Translation Deadline: Monday, March 29, 2010

Translators: Translate only the words and not “Number 1, Number 2 and Number 3.” Please contact your project manager with any questions.

Number 1: Know where to start.

Number 2: The system is challenging: Be persistent.

Number 3: Know what you need and what is available.

Number 4: Help is available.

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